

GENERAL GUIDELINES FOR THE TRAINING ITINERARY

The CELEBRATION of the 150th ANNIVERSARY of the OF SAINT TERESA is an OPPORTUNITY to give THANKSFUL REMEMBRANCE for God's faithfulness in the history of the . To GIVE THANKS for the witness of so many sisters and the richness of our charism received from Enrique de Ossó.

During this year, we are invited to DELVE DEEPER together into the core of our vocation and mission in the Church and in today's world. It is a good opportunity to RE-READ THE CHARISM OF THE IN COMMUNITY. We will do this through EIGHT THEMES that touch on essential aspects of our mission.

At each stage of the Celebratory Journey, we will receive worksheets with texts and guidelines for personal reading, prayer, and reflection, as well as for community meetings where we can share our reflections and re-readings. The worksheets are broad enough that each community and each sister can adapt the theme to their own reality.

METHODOLOGY

In addition to a brief introduction, each sheet consists of THREE sections that can be administered by the communities according to their needs.

1. **Preparing the heart:** We suggest a personal time to consider the theme and some questions that will help prepare the heart to sit down at the table for community sharing.
2. **We meet:** This will be the time for community sharing, which can be one or two meetings, depending on the needs, realities, or, as we have said, the creativity of the community. The important thing at this time is to ensure quality sharing that allows for ENCOUNTER.
3. **Texts for further reflection:** This section offers supplementary material that can enrich both the initial personal reflection and the community encounter. They can also be used for further reflection at a later time.

The use of the material and the times we suggest will be completely flexible to the needs and realities of the communities.

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Formative itinerary for the three phases of the celebration

TOPIC 1: "My Personal History Makes History" GIVE THANKS for the vocation to Christian life (baptism) and for the vocation to the of Saint Teresa of Jesus. Become aware that each life, each personal story, each vocational story, is part of this long chain of history spanning 150 years that we are celebrating. (E 1)

Topic 2: "Knowing and loving Jesus and making him known and loved": The centrality of following Jesus for the sisters of the of Saint Teresa. Teresian religious life continues to be good news in our world. (E 1)

Theme 3: "The holier they are, the more conversational they are with their sisters": Community life, fraternal life, identity, and sense of belonging. (E 2)

Theme 4: "To conquer or to die, selling our lives dearly": The prophetic implications of following Jesus today in the of Saint Teresa in the different realities where we are sent. (E 2)

Theme 5: "This new situation imposes new duties on us": "Cultivating a spirituality that listens to reality, that provokes encounter, rediscovers silence and contemplation" and allows us to respond evangelically to the challenges of reality. (E 3)

Theme 6: "Bond of union of many hearts": Teresian synodality from the origins of the charism. In the present, the new paths of synodality to which we are invited to enter and forge a new ecclesiality that is a promise for the future. (E 3)

Topic 7: "Prayer, teaching, and sacrifice: The triple apostolate of the " A new calling in a "fluid" world?: Returning to the sources of charisma: an "alternative" for today's world. (E 3)

Theme 8: END OF THE : The mission of the of Saint Teresa today. Summary of this journey that inspires us today, gives us meaning, and is a source of hope. Summary of this entire journey... celebrating 150 years, why?... How does the STJ respond to the challenges of our world today? (E 3)