

STAGE 1 – VINE

Amidst the chaos, a devout family

**Message from Juan Bautista Altés**

Dear pilgrim,

How are you? I am a little nervous, because I don't know if I will be able to adequately respond to what is being asked of me: to accompany you through the places of my great friend Henry. They say that I am the right guide because I was his first biographer, because I knew him from seminary, or because I was his confidant and his refuge in difficult times. The truth is that I define myself more as God's companion in adventure.

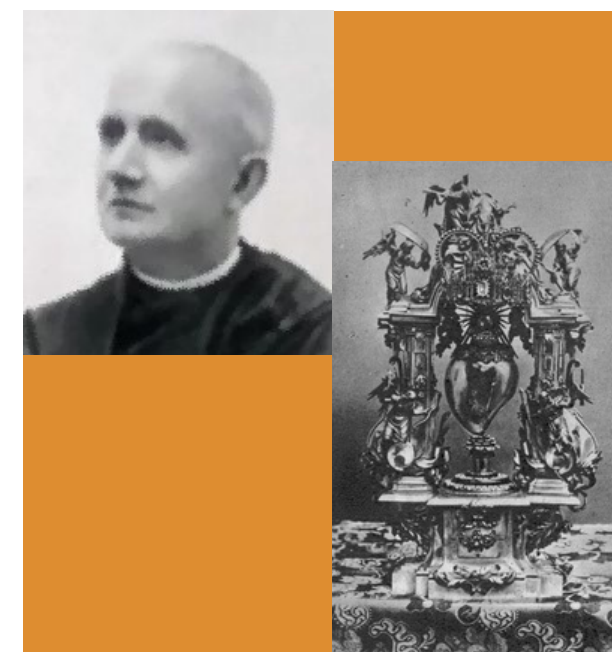
In fact, I feel now like I did when I accompanied him to Alba de Tormes to place next to the relic of Teresa's heart a silver heart-shaped reliquary that the good founder had carved so that the young women who would become the Society of Saint Teresa could inscribe their names and intentions on it. And so, in that symbolic way, both hearts would beat in unison: Teresa of Jesus and her Society.

Well, we will soon begin our virtual pilgrimage, and I would like to place all your names in a new silver heart and carry it, this time, all together, stage by stage, to the end of this journey, which I am sure will move you.

If you are willing to let yourself be touched by St. Henry and St. Teresa, but especially by Jesus, grab your suitcase or backpack because the ride that will take you to Vinebre will be leaving shortly. Travel light! When traveling inward, it is best to shed unnecessary burdens.

See you in Vinebre, the birthplace of our beloved Henry and the starting point of our route.

A big hug in Teresa and Jesus.

**J.B. Altés**



**TODAY WE ARRIVED
AT...
VINEBRE**



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In the heart of Saint Henry

Carmen Sánchez, a Teresian junior from Venezuela, works in school ministry and on the Youth Ministry team of the Teresian Province of Our Lady of Hope. She trusts in the transforming power of God's love.

She takes us into the early years of Henry de Ossó's life, his family, his dreams, his plans, his first moments of pain, and his personal quests.





Charismatic keys of yesterday... and today

Gema Gil, a Teresian sister involved in Youth Ministry in Spain, offers us a thought-provoking reflection on the importance of our roots, the seeds, the first influences we receive in our formation as men and women willing to give our lives for the good of others.





Prayerful proposal

Step 1. **PREPARATION**

- Be silent for a few seconds and become aware of God's presence here and now. He does not appear suddenly, but He is always there, always remains, He always precedes us.
- If you have a picture or image of Saint Teresa or Saint Henry, you can place it in front of you.



Prayerful proposal

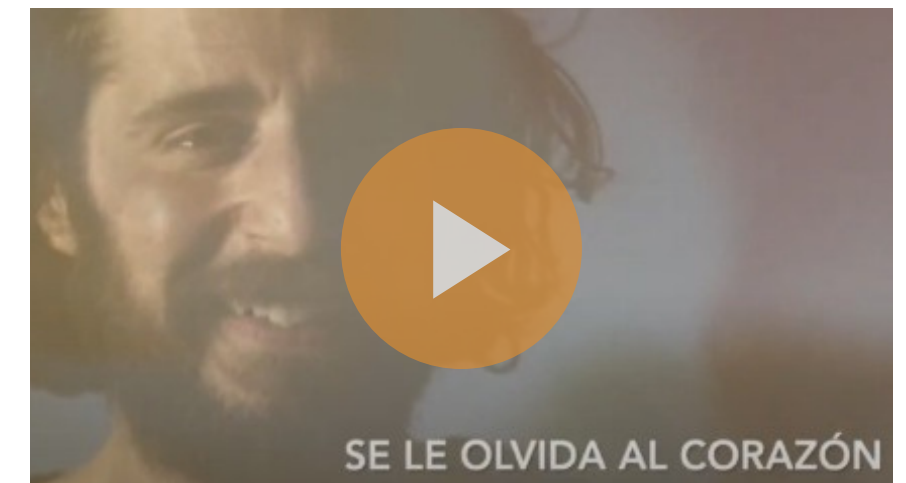
STEP 2. LET US LISTEN TO ONE OF THESE SONGS.

- This song asks God for the gift of moving from the head to the heart.

“From Head to the Heart” – Tuyo

- This song speaks of our heart's need to be healed.

Pop style – “Heart” – El canto del loco





STEP 3. OUR INTENTIONS IN THEIR HEARTS

Take a couple of minutes of silence to identify three intentions that you would like to place in the heart that this pilgrimage will take to St. Henry.

- The first one should have to do with your congregation, community, parish...
- The second should be an intention for a vulnerable and suffering person or situation.
- The third intention should refer to some aspect of your life that you would like to be healed or "touched" by the Spirit.





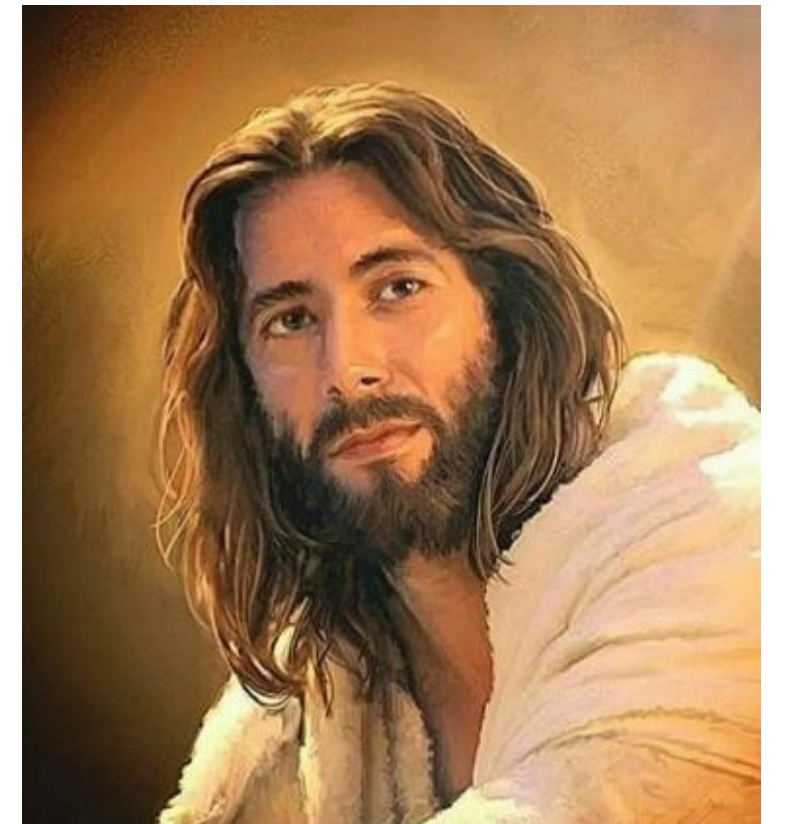
STEP 4. FINAL PRAYER

Lord Jesus, source of all light and truth, today I come to You with humility and hope, asking You, through the intercession of Your faithful servant St. Henry de Ossó, to instill in my heart the docility and courage necessary to fully engage in this virtual pilgrimage through the places marked by his life and witness.

Grant me the grace to open my mind and spirit to the teachings and examples I will discover along this journey, so that they may not only be knowledge, but fruitful seeds that transform my life.

I pray, Lord, that just as St. Henry knew how to listen to and follow the promptings of your Spirit, I too may know how to recognize and welcome the suggestions you make to me during this experience.

Give me the courage to allow myself to be transformed, the humility to learn, and the generosity to share what I have received. May my heart burn with desire to put into practice all that you have inspired me to do at the end of this pilgrimage, and thus, like St. Henry, be a courageous witness to your love and truth in the world. Amen.



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Enigma Challenge

Throughout this Teresian route, you will receive a series of clues that will lead you to the enigma of this Challenge.

To guess it, you must first look for a contemporary of St. Henry de Ossó.

CLUE OF THE DAY

I met Henry during his early years as a priest, and we remained close friends until his death. There was trust between us, and he shared with me his ideas, feelings, and experiences as a founder



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Stamp for the next stage

Answer the following assessment questionnaire in order to obtain the stamp for your credential so that you can sleep in the hostel and continue on to the next place.

1. Investigate: Which ingredient will you not find in the clotxa, a traditional sandwich from the Ribera del Ebro region in Tarragona?

- a. Garlic
- b. Tomato
- c. Salted sardines
- d. Serrano ham

2. Where was Henry sent to learn the trade of merchant?

- a. To Tarragona
- b. To Reus, with one of his uncles
- c. To Zaragoza
- d. Quinto de Ebro, with his older brother
- e. Quinto de Ebro and Reus

3. Which family member was considered a “saint” by Enrique?

- a. His brother Jaime de Ossó
- b. His uncle Juan de Ossó
- c. His father Jaime de Ossó
- d. His grandfather José Antonio Cervelló

4. In which province is Vinebre located?

- a. Teruel
- b. Castellon
- c. Tarragona
- d. Gerona

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5. Who helped Henry talk to his father about the true desire in his heart: to be a priest?

- a. His sister
- b. His brother Jaime
- c. His mother Micaela
- d. His uncle Juan

6. What object did Enrique de Ossó bring to Alba de Tormes?

- a. A book
- b. A silver heart-shaped reliquary
- c. A wooden cross
- d. An antique rosary

7. At what stage of life did Juan Bautista Altés meet Enrique de Ossó?

- a. In childhood
- b. In seminary
- c. At university
- d. In old age

8. According to Gema, values are transmitted within the family, often with a large dose of...

- a. Sacrifice and effort
- b. Failure and disappointment
- c. Humor
- d. Prayer and popular devotions

9. Which town is closer to Vinebre: Reus or Quinto de Ebro?

- a. Reus, much closer (65 Km).
Since Quinto is located about 130 km away.
- b. Fifth, much closer (65 Km).
Since Reus is located about 130 km away.
- c. It is practically the same distance away.
- d. Quinto de Ebro is ten times farther away than Reus.

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We'll accompany you on this journey!

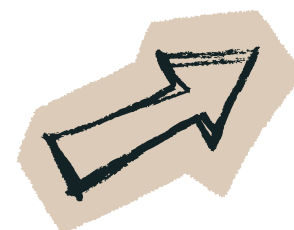
- Would you like a Teresian sister to accompany you on this journey through the places of St. Henry de Ossó in writing (email, WhatsApp...) or through conversation (by phone/online) to share what this itinerary is generating in you?
- Sharing life multiplies life and deepens the experience. Just write here to request:

osso.challenge@stjteresianas.org





Share with other pilgrims Challenge



:Padlet

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Extra material for the highly motivated

If you like history...

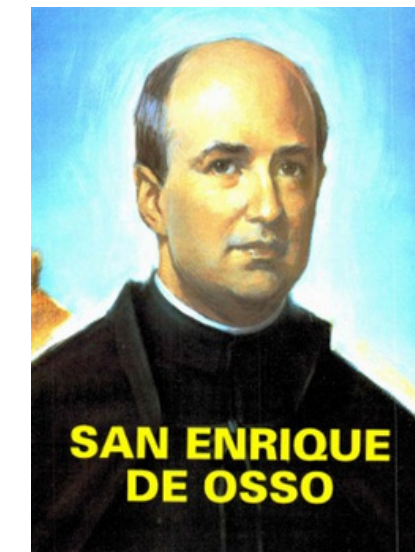
The sociopolitical context of Saint Henry's childhood, adolescence, and youth. In just 6 minutes.



Understanding 19th-century women with Emilia Pardo Bazán



Recommended reading



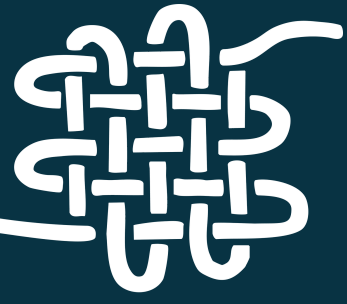


Route of Saint Henry of Ossó



Interesting resources for this pilgrimage: IDEO



150 
Stj



CHALLENGE
Internacional



PARTICIPATE
Ossó Challenge