CHALLENGE Internacional

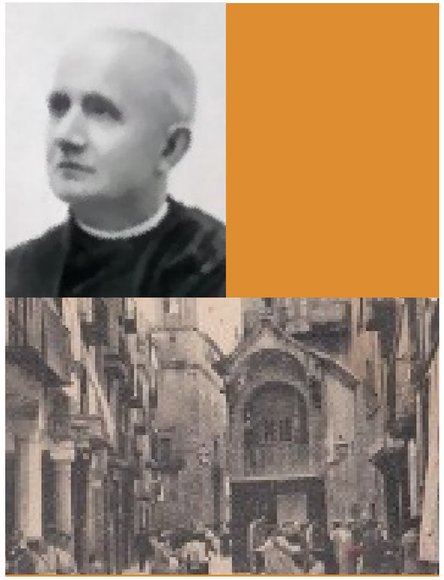
STAGE 5 – TORTOSA II

Teresian expansion and inspiration



Message from Juan Bautista Altés

Dear pilgrim:



What a joy it is to meet again for this fifth stage! Today we return to Tortosa, but this time with a renewed outlook and an even more open heart. Returning is not repeating, but deepening; and on this occasion, we want to delve into those corners where Henry de Ossó, inspired by the Spirit, knew how to spread the Teresian charism and sow hope.

We will visit the places where Henry, already a priest, dreamed big and worked tirelessly to bring the spirituality of Teresa of Jesus to many hearts. Here, among classrooms, churches, and streets full of life, the Teresian charism became flesh and a project, and the Society of Saint Teresa took shape. Henry was not satisfied with what he had learned: he always sought more, always open to new inspirations, always attentive to the voice of the Spirit.

I invite you, at this stage, to observe with curious eyes and an open heart. Ask yourself: how can I also allow myself to be inspired? What can I contribute so that the charism of Teresa and Henry continues to live on today? Do not be afraid of challenges or big dreams; Tortosa teaches us that when the Spirit blows, anything is possible.

Furthermore, as we walk together through these streets, feel how the past and the present intertwine, and how each step can be a seed of transformation for you and those around you. May this experience inspire you to be a light and a witness in your own environment.
As in each stage, your name goes on the silver heart. May this gesture remind us that together, inspired and guided, we can continue to spread the light and joy of the Gospel.

A hug full of gratitude, in Teresa and in Jesus.

J.B. Altés

TODAY WE ARRIVED AT...

TORTOSA II



In the heart of St. Henry

Thelma Martínez, a Teresian sister from Nicaragua. A former student of the Teresian school in Managua, currently responsible for pastoral care at the Teresian school Sagrado Corazón in Granada, will talk to us about what Tortosa meant to Henry de Ossó in his mature years and how the inspiration for the Society and the expansion of this charism came about.



Charismatic keys of yesterday... and today

Mariana Natchingolo is a Teresian sister from Angola. In addition to being a teacher, she is a journalist and produces radio programs on emotional health. She also collaborates in the formation of seminarians by teaching philosophy classes.

She is currently the delegate for education in her province. She will talk to us about the role of education, fundamentally in women and their role in the education of children, adolescents, and young people, mainly.



Prayerful proposal

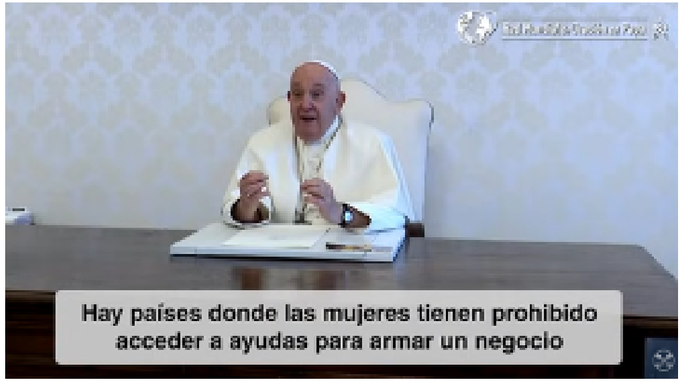
STEP 1. PREPARATION

- Light a candle; it can help us remember that Jesus is always present in prayer. Play calm, soft music to help you enter into silence. Give yourself time.
- Ask Jesus to enlighten you so that you may give thanks for the role of women in our world and in education, and so that respect for women may grow in our world.

Prayerful proposal

STEP 2. WATCH ONE OF THE TWO VIDEOS BY POPE FRANCIS THAT ADDRESS THE IMPORTANCE OF EDUCATION AND RESPECT FOR WOMEN:

On the role of women:



The Pope: The path to better societies lies in the education of women:



Prayerful proposal

STEP 3. PERSONAL REFLECTION

- Take a deep breath, feel your body, and focus your attention on your heart.
- Think of a woman who has had a positive influence on your life through education.
- Reflect on how her example has impacted your path and how you can follow her example in your environment. Be grateful for her example and dedication. How can you replicate her commitment and love in your daily life?

Concrete action

Commit to taking a concrete action that promotes education and respect for women in your community, whether through a conversation, a gesture of support, or an educational initiative.



Prayerful proposal

STEP 4. CLOSING PRAYER

End with a prayer of thanksgiving, asking God to give you the wisdom and courage to continue promoting education and respect for women: "Lord, thank you for the women who educate and transform. Give us eyes to see, hearts to care, and commitment to accompany."

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Enigma Challenge

Throughout this Teresian route, you will receive a series of clues that will lead you to the enigma of this Challenge.

To guess it, you must first look for a contemporary of Saint Henry de Ossó.

CLUE OF THE DAY

I remember the excitement with which Henry told me how he received the inspiration for what would become his favorite work: The Company of St. Teresa of Jesus, there in Tortosa, where we met.



Stamp for the next stage

Answer the following assessment questionnaire in order to obtain the stamp for your credential so that you can sleep in the hostel and continue on to the next place.

1. The Teresian Sisters educate women—according to Sister Mariana—taking into account:

a) The GDP of each country
b) Your inner world
c) The level of English required to thrive professionally in today's world
d) Jesus' command to "Go and make disciples of all nations."

2. The Teresian lives to _____ and _____ Jesus. Complete this sentence with two words:

a) Follow and pray
b) Pray and serve
c) Know and love
d) Study and praise

3. Thelma begins by singing about a night of...

a) April
b) May
c) June
d) December

4. For St. Henry, an intuition acquires special force if he feels that:

a) God wants it, Jesus wants it, and the Pope wants it.
b) God wants it, Jesus doesn't see it as entirely wrong, and the Bishop of Tortosa accepts it.
c) God wants it, Jesus wants it, and Teresa of Jesus wants it.
d) Teresa of Jesus winks at him in her Lauds prayer

5.Investigate: Which of these elements will you not find in Tortosa?

a) The Sirgador or boats that navigate the Ebro River
b) A chocolate factory called CREO
c) The Renaissance festival
d) The gastronomic dish par excellence: rice with snails and rabbit.



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We'll accompany you on this journey!

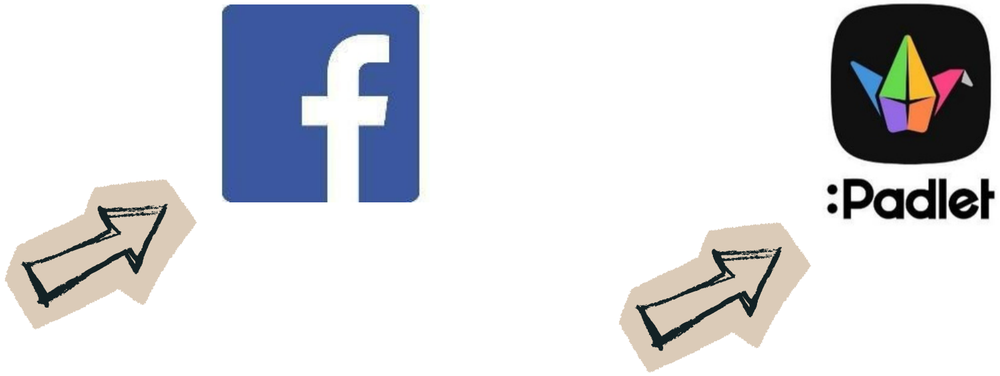
- Would you like a Teresian sister to accompany you on this journey through the places of Saint Enrique de Ossó in writing (email, Whatsó…) or through a conversation (telephone/online) to share what this itinerary is generating in you?

- Sharing life multiplies life and deepens the experience. Simply write here to request it:

osso.challenge@stjteresianas.org



Share with other pilgrims Challenge



Extra material for the highly motivated

THE DOCUMENTARY OF THE STAGE

"I want to be a teacher" about the life of Saint Enrique de Ossó (1977)



Extra material for the highly motivated

AND FOR THE MORE SCHOLARLY...

The work and catechetical thought of Henry de Ossó in his "Practical Guide for Catechists"



Extra material for the highly motivated

SONG OF THE STAGE

Father Enrique's Rap



Extra material for the highly motivated

ENRIQUE'S WRITING: “TO YOUNG CATHOLIC WOMEN”



CHALLENGE
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PARTICIPATE

Ossó Challenge